

7TH ANNUAL - APEX WRESTLING COMMUTER CAMPS

SECTION V's FINEST - CAMP 1

JULY 26TH - JULY 30TH

AT NORTHSTAR CHRISTIAN ACADEMY,
332 SPENCERPORT ROAD, ROCHESTER, NY 14606

JASEN BORSHOFF, GRADUATE OF PITTSFORD SUTHERLAND HS, NWCA ACADEMIC ALL AMERICAN, NCAA QUALIFIER, CURRENTLY RANKED IN DIVISION 1 AT 125 LBS., (STILL COMPETING) FOR AMERICAN UNIVERSITY, SECTION V CHAMPION, MONROE COUNTY CHAMPION.

KYLE BORSHOFF, GRADUATE OF PITTSFORD SUTHERLAND HS, DIVISION 1 NCAA ALL AMERICAN, 2X DIVISION 1 QUALIFIER, CURRENTLY RANKED IN DIVISION 1 AT 149 LBS., (STILL COMPETING) FOR AMERICAN UNIVERSITY, NYS CHAMPION, 3X NYS PLACE WINNER, 3X SECTION V CHAMPION, 4X MONROE COUNTY CHAMPION.

TREVOR CHINN, GRADUATE OF CANANDAIGUA ACADEMY, 3X NCAA QUALIFIER AT LEHIGH UNIVERSITY, 2X NYS CHAMPION, 4X NYS FINALIST.

GREGOR GILLESPIE, GRADUATE OF WEBSTER SCHROEDER HS, 4X ALL AMERICAN, 2007 NCAA CHAMPION AT EDINBORO UNIVERSITY, 5X SECTION V CHAMP & NYS PLACER, 2X CHAMPION.

JOSH PATTERSON, GRADUATE OF WAYNE CENTRAL, DIVISION 1 NCAA ALL AMERICAN, 2X NCAA QUALIFIER, CURRENTLY RANKED IN DIVISION 1 AT 174 LBS., (STILL COMPETING) FOR BINGHAMTON UNIVERSITY, NYS CHAMPION, HS NATIONAL CHAMPION, 2X SECTION V CHAMPION.

THE GRANBY SYSTEM - CAMP 2

AUGUST 2ND - AUGUST 6TH

AT CALKINS MIDDLE SCHOOL,
1899 CALKINS ROAD, PITTSFORD, NY 14534

• YOU WILL LEARN A SYSTEM THAT HAS PRODUCED 44 STATE TEAM CHAMPIONSHIPS AND OVER 180 INDIVIDUAL STATE CHAMPIONS, AS WELL AS SEVERAL HIGH SCHOOL & NCAA ALL-AMERICANS AND NATIONAL CHAMPIONS. WE WILL BREAK EACH HOLD INTO STEPS, AND DRILL REPETITIVELY TO PERFECTION. ALL OF OUR HOLDS ARE TAUGHT IN A SERIES TO INSTILL CHAIN WRESTLING INTO YOUR ATHLETES. CHAIN WRESTLING IS THE KEY TO SUCCESS AT EVERY LEVEL OF THE SPORT. THIS CAMP IS DESIGNED FOR ALL WRESTLING AT ALL AGES AND SKILL LEVELS THAT WANT TO DEVELOP A WINNING SYSTEM.

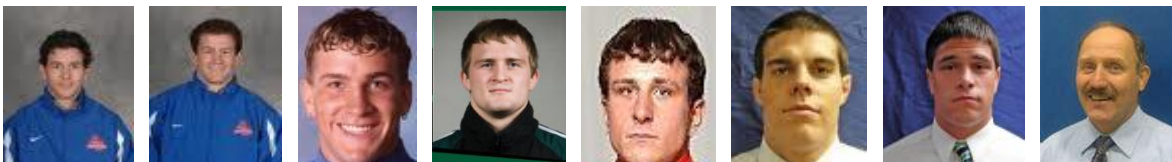
RYAN WILLIAMS, STUDENT ASST COACH OLD DOMINION UNIVERSITY, NCAA FINALIST AT 141 LBS IN 2009, CAPPING OFF AN INCREDIBLE CAREER WHERE HE FINISHED AS THE ALL TIME WINS LEADER IN THIS HISTORY OF OLD DOMINION WRESTLING, 2X CAA CONFERENCE CHAMPION.

NICK PULLANO, ALUMNI OLD DOMINION UNIVERSITY, NCAA QUALIFIER AND 4 YEAR STARTER FOR STEVE MARTIN AT OLD DOMINION UNIVERSITY. HE FINISHED HIS CAREER IN THE TOP 10 FOR ALL TIME CAREER WINS AT ODU, 2X VIRGINIA INTERCOLLEGIATE STATE CHAMPION.

BILL JACOUTOT, 12X MC COACH OF THE YEAR, 17X SECTION V COACH OF THE YEAR, 3X SECTION V OFFICIALS COACH OF THE YEAR, 11 NYS INDIVIDUAL CHAMPIONS, 34 NYS INDIVIDUAL PLACE FINISHERS, 53 NYS INDIVIDUAL QUALIFIERS, OVERALL RECORD: 387-34-2

- ALL INDIVIDUALS MUST SEND IN THE REGISTRATION FORM WITH A \$50 NON-REFUNDABLE DEPOSIT.
- THERE WILL BE ONLY A LIMITED NUMBER OF CAMPERS, YOUR \$50 WILL BE RETURNED IF YOU ARE NOT ACCEPTED.
- FAMILY DISCOUNTS ARE AVAILABLE FOR THOSE REGISTERING MORE THAN 2 WRESTLERS.
- TRAINING CAMP SESSIONS WILL TAKE PLACE FROM 8:30AM TO 2:30PM

FOR MORE INFORMATION OR TO REGISTER ON-LINE GO TO: WWW.APEXWRESTLING.NET
OR CALL JASON BOVENZI AT: 585-802-5799 OR SEND EMAIL TO: JASON_BOVENZI@PITTSFORD.MONROE.EDU



REGISTRATION FORM

CAMP 1 - \$120

CAMP 2 - \$120

BOTH - \$220 (CIRCLE ONE)

ATHLETE NAME: _____ PARENT OR GUARDIAN: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE NUMBER: _____ CELL NUMBER _____

BIRTH DATE: _____ AGE: _____ GRADE: _____ SCHOOL: _____

SHIRT SIZE: YOUTH ___S___M___L___ ADULT: ___S___M___L___XL___2XL___ WEIGHT: _____ YRS. EXPERIENCE: _____

PERSON TO NOTIFY IN CASE OF EMERGENCY: _____ PHONE # _____

ALLERGIES/MEDICATIONS: _____

INSURANCE PROVIDER: _____ POLICY # _____

EMAIL ADDRESS: _____

EMAIL ADDRESS: _____

PARENT/GUARDIAN'S SIGNATURE: _____ DATE: _____